

AIARE 1 Avalanche Course

The AIARE 1 is a 3 day/24 hour introduction to avalanche hazard management.

Students can expect to develop a good foundation on how to prepare for and carry out a backcountry trip, to understand basic decision making while in the field, and to learn avalanche rescue techniques.

This is a comprehensive, entry level course designed for those with basic ski / snowboard touring experience. There are no other prerequisites. For dates and more information, please contact us.

Skills covered:

- Differentiate where specific avalanche hazards exist within the landscape and identify avalanche terrain where consequences may be more severe.
- Use and interpret weather, snow, and avalanche observations to locate appropriate terrain prior to entering and while in the field.
- Demonstrate leadership skills within a small team that include facilitating small group discussion, promoting appropriate terrain selection, and utilizing simple risk management strategies.
- Implement a basic forecasting framework that can be used in conjunction with and in the absences of local supporting avalanche information.

Difficulty:

Introductory to intermediate skiing level required.

Price:

\$475 Non-Holiday | \$525 Holiday Rate.

Location:

Classroom session will take place in the Alpenglow Expeditions office located in the Squaw Valley village. Field sessions will take place in the backcountry near Squaw Valley and Alpine Meadows. Depending on snow conditions, our unique partnership with Squaw Valley allows us to have private access to the Tram Ridge, Nat Geo Bowl, and Munchkins.

- Touring skis or snowboard with skins, boots, poles
- Avalanche transceiver, probe and shovel
- Backpack, 20-35 liters
- Food, water, sunscreen, lip balm



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- Clothing
 - Under layers:
 - lightweight merino wool or synthetic long john top and bottom
 - lightweight merino wool or synthetic t-shirt
 - lightweight merino wool or synthetic briefs/ underwear
 - wool/ synthetic socks
 - Outer layers/ insulation:
 - Soft shell “guide pants”, or hard shell goretex pants, conditions dependent
 - Soft shell jacket
 - Hooded puffy jacket (down or synthetic)
 - Hard shell jacket (waterproof/ breathable)
 - warm beanie
 - lightweight gloves with good dexterity
 - warm, waterproof gloves or mittens
- Misc:
 - sunglasses
 - goggles
 - camera

What to Expect:

We begin the course in the classroom, and your instructor will give an overview of what to expect for the duration of the course. Days 1 and 2 are roughly 50/50 classroom and field time, and day 3 is roughly 20% classroom and 80% field.

Avalanche transceiver, probe and shovel are available from Alpenglow for \$25.

*All programs directed by Logan Talbott
AMGA - IFMGA Certified Mountain Guide*

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