

Introduction to Backcountry Skiing

This one day course will introduce you to the fundamentals of backcountry skiing and snowboarding. After this course, you will be able to plan and execute an efficient, simple backcountry ski tour. Come out and learn the techniques and tricks from a professional ski guide, and get away from the lifts and the crowds of the ski area. Our Introduction to Backcountry Skiing is a great prerequisite for an AIARE 1 avalanche course.

Skills covered:

- Touring equipment options
- Clothing layering and techniques
- Use of Beacon, Probe and Shovel
- How to interpret an Avalanche Bulletin
- Uphill travel techniques using climbing skins
- Avalanche hazard recognition and avoidance
- Downhill travel techniques and group management

Difficulty:

Introductory, intermediate, or advanced ski levels.

Price:

\$180 per skier

Location:

Although you can choose from a number of locations around the Tahoe area, Alpenglow's unique private ski guiding experience allows you to truly customize your own trip. Whether you want to explore the High Sierra or ski endless Tahoe powder, we have you covered. Feel free to give us a call to start planning your next big adventure.

What to bring:

- Touring skis or snowboard with skins, boots, poles (can be rented)
- Avalanche transceiver, probe and shovel (can be rented)
- Backpack, 20-35 liters (can be rented)
- Food, water, sunscreen, lip balm
- Clothing
 - Under layers:
 - lightweight merino wool or synthetic long john top and bottom
 - lightweight merino wool or synthetic t-shirt
 - lightweight merino wool or synthetic briefs/ underwear
 - wool/ synthetic socks



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- Outer layers/ insulation:
 - Soft shell “guide pants”, or hard shell goretex pants, conditions dependent
 - Soft shell jacket
 - Hooded puffy jacket (down or synthetic)
 - Hard shell jacket (waterproof/ breathable)
 - warm beanie
 - lightweight gloves with good dexterity
 - warm, waterproof gloves or mittens
- Misc:
 - sunglasses
 - goggles
 - camera

Avalanche transceiver, probe an shovel are available from Alpenglow for \$25.

*All programs directed by Logan Talbott
AMGA - IFMGA Certified Mountain Guide*

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