

Self Rescue Course Gear Checklist

Gear	Rental Available?	Recommended
Hat	-	Alpenglow Hat
Harness	Yes	Petzl Sitta Harness
Rock Shoes	Yes	La Sportiva TC Pro
Helmet	Yes	Petzl Boreo Helmet
Belay Device	Yes	Petzl Reverso 4
Hiking/Approach Shoes	-	La Sportiva Synthesis Shoes
Trekking/Climbing Pants	-	Eddie Bauer Guide Pro Pants
Hiking Socks *2	-	Point 6 Hiking Socks
Water 2-3L	-	-
Lunch/Snacks	-	-
Sunscreen	-	-
Lip Balm	-	-
Windbreaker/Shell Jacket	-	Eddie Bauer Duraweave Jacket
Insulated Jacket	-	Eddie Bauer Stormdown Jacket
Sunglasses	-	Julbo Explorer 2.0
Backpack 25-35L	Yes	Alchemist 25/35L Pack
Locking Carabiners *2	Yes	Petzl William Carabiner
Nonlocking Carabiners *2	Yes	Petzl Spirit Carabiner
Prusik Cord (20' 6mm)	Yes	PMI 6mm Cord