

Two Hour Backcountry Clinic

Skill Level: Intermediate



This two hour morning mini clinic will introduce you to the fundamentals of backcountry skiing and snowboarding. In this mini clinic you will become familiar with your gear and learn basic techniques and tricks from a professional ski guide, and get away from the lifts and the crowds of the ski area. The next step after this clinic would be our Introduction to Backcountry Ski course, which is itself a great prerequisite for an AIARE 1 avalanche course.

Skills covered:

- Touring equipment options
- Clothing layering and techniques
- Uphill travel techniques using climbing skins
- Transition techniques between uphill and downhill modes
- Storage and organization tips for avalanche gear



All programs directed by Adrian Ballinger
AMGA - IFMGA Certified Mountain Guide



Difficulty: Introductory - Confidence skiing or riding on intermediate terrain recommended
Dates: TBA - Please contact the office for more information

Price:

\$60

Location:

TBD

What to bring:

- Touring skis or snowboard with skins, boots, poles
- Avalanche transceiver, probe and shovel
- Backpack, 20-35 liters
- Food, water, sunscreen, lip balm
- Clothing
 - Under layers:
 - lightweight merino wool or synthetic long john top and bottom
 - lightweight merino wool or synthetic t-shirt
 - lightweight merino wool or synthetic briefs/ underwear
 - wool/ synthetic socks
 - Outer layers/ insulation:
 - Soft shell “guide pants”, or hard shell goretex pants, conditions dependent
 - Soft shell jacket
 - Hooded puffy jacket (down or synthetic)
 - Hard shell jacket (waterproof/ breathable)
 - warm beanie
 - lightweight gloves with good dexterity
 - warm, waterproof gloves or mittens
- Misc:
 - sunglasses
 - goggles
 - helmet