

# AIARE AVALANCE RESCUE

All students will have the opportunity to receive professional coaching for their rescue skills and will receive a rescue card acknowledging completion date at course end.

AIARE Avalanche Rescue is a prerequisite for the AIARE 2 and Pro 1 courses. We recommend that all backcountry travelers keep their skills current by taking an Avalanche Rescue Course and receiving a rescue card at least every other year.

# **Learning Outcomes:**

At the end of the Avalanche Rescue course the student should be able to:

- Describe what to do if they or a member of their party is caught in an avalanche
- · Identify and be able to use gear necessary for avalanche rescue
- Set up a realistic scenario in order to practice an avalanche rescue response
- Improve their response skills and times during and after the course with feedback from instructors and peers
- · Develop a plan for continued practice

All students will have the opportunity to get feedback from an instructor on their rescue skills and timed practice with a realistic scenario.

Students who have previously taken an AIARE 1 or an Avalanche Rescue Course will find value in having a professional help them set up a realistic scenario, practice skills in a realistic setting, receive feedback from an instructor, keep up with current best practices, and have an opportunity to practice advanced rescue skills.

# Difficulty:

Introductory, intermediate, or advanced ski levels.

#### Price:

\$225 I Per Each Person

### Location:

Prior to departure each group will meet at the Alpenglow office located in Squaw Valley. Field sessions will take place in the backcountry near Squaw Valley, Alpine Meadows, or on Donner Pass. Location may change depending on snow conditions.







### What to bring:

- Touring skis or snowboard with skins, boots, poles
- Avalanche transceiver, probe and shovel
- Backpack, 20-35 liters
- · Food, water, sunscreen, lip balm
- Clothing
  - Under layers:
    - lightweight merino wool or synthetic long john top and bottom
    - lightweight merino wool or synthetic t-shirt
    - lightweight merino wool or synthetic briefs/ underwear
    - wool/ synthetic socks
  - Outer layers/ insulation:
    - Soft shell "guide pants", or hard shell goretex pants, conditions dependent
    - · Soft shell jacket
    - Hooded puffy jacket (down or synthetic)
    - Hard shell jacket (waterproof/ breathable)
    - · warm beanie
    - lightweight gloves with good dexterity
    - · warm, waterproof gloves or mittens
- · Misc:
  - sunglasses
  - goggles
  - · camera

Avalanche transceiver, probe an shovel are available from Alpenglow for \$25.

All programs directed by Logan Talbott
AMGA - IFMGA Certified Mountain Guide





